



About Regions Hospital

Established in 1872, Regions Hospital is a private, not-for-profit organization. The hospital provides health care services in St. Paul and its surrounding communities, as well as for patients from throughout Minnesota, western Wisconsin and other Midwestern states.

Part of HealthPartners

Regions Hospital is part of HealthPartners, the largest consumer-governed, non-profit health care organization in the nation. HealthPartners serves more than 1.8 million medical and dental members nationwide. Since the combination with Park Nicollet Health Services in 2013, HealthPartners care system includes 1,800 physicians, eight hospitals, 55 primary care clinics, 22 urgent care locations and numerous specialty practices in Minnesota and western Wisconsin. As a private, nonprofit teaching hospital, Regions Hospital provides outstanding care in neuroscience, heart surgery, cardiology, oncology, emergency care, burn care, orthopedic care, mental illness and more. Regions is the largest private employer in St. Paul.

Level I Trauma Center for adults and children

Regions is one of only three hospitals in Minnesota that is verified as a Level I Trauma Center for both adults and for children with the expertise and technology to treat the most serious injuries 24/7. Through our partnership with Gillette Children's Specialty Healthcare, we provide the best care possible for critically injured children.

Nationally recognized burn center

The Burn Center at Regions was one of the first in the nation and today is one of only two burn centers in Minnesota verified by the American Burn Association and the American College of Surgeons.

Commitment to mental health

Regions is one of the largest providers of mental health care in Minnesota. An eight-story mental health building, which opened in 2012, reflects a new model of care and offers a healing environment with 100 private rooms. Another 20 beds were added in 2021.

Largest provider of charity care in east metro

Regions is one of the largest charity care providers in the region. In 2022, Regions provided \$21.3 million in uncompensated services to care for more than 30,400 patients.

Training future doctors

Regions and HealthPartners Institute for Education and Research partner with the University of Minnesota medical school to train more than 500 resident physicians annually.

Award-winning care

- Named a Best Regional Hospital by U.S. News & World Report.
- Ranked on Newsweek's 2022 list of Best U.S. Hospitals.
- First academic medical center, and fourth hospital overall, to qualify as an Emergency Center of Excellence.
- First hospital in Minnesota to be certified as a Comprehensive Stroke Center by The Joint Commission.
- Designated a "Baby-Friendly Birth Center" by WHO and United Nations Children's Fund.
- Received 2022 Women's Choice Award for America's Best Hospitals in obstetrics, cancer care and stroke care as well as Best Mammogram Center.
- Recognizing the connection between health and the environment, Regions received a national 2022 Top 25 Excellence Award from Practice Greenhealth for sustainability work.

Specialized services

From allergy to vascular surgery, Regions Hospital has top specialists in more than 50 areas of medicine. Our specialties include:

The 160,000-square-foot **Family Birth Center**, which opened in 2020, has obstetricians with advanced training for complex deliveries, one of the state's largest certified nurse midwife groups, certified lactation consultants and birth options such as water births for low-risk deliveries.

The Breast Health Center has imaging including 2D and 3D digital mammography, diagnostic testing, surgery, chemotherapy, radiation and hormone therapy and support services from nutritionists, psychotherapists and social workers.

The Cancer Care Center offers treatment and services including genetic counseling, surgery, chemotherapy, radiation, neurological oncology, palliative care and complementary care.

Capitol View Transitional Care Center offers short-term rehabilitation after hospitalization and is located in Regions Hospital.

The Digestive Care Center provides inpatient and urgent care diagnoses and treatment for gastrointestinal and pulmonary system disorders. Other care for digestive disorders is provided at HealthPartners Specialty Center.

The Heart Center is recognized as one of the nation's top-performing hospitals for heart care by The Joint Commission. Services include cardiac imaging, rehabilitation, research, surgery and women's heart health care.

Neurosurgery treats spinal cord injuries, brain tumors,

traumatic brain injuries, aneurysms and other neurological conditions. Regions has one of the largest programs in the upper Midwest for deep brain stimulation (DBS) for Parkinson's disease and epilepsy.

Orthopedics provides surgical and non-surgical treatment with specialized programs for orthopedic trauma, joint replacement and treatment of fractures.

Palliative Care relieves pain, symptoms and stress at all stages of a serious or advanced illness. Regions was among the first in the nation to receive Advance Certification for Palliative Care from The Joint Commission.

Radiation Therapy offers comprehensive consultation and radiation treatments for inpatients and outpatients.

Rehabilitation provides inpatient and outpatient programs for occupational, physical, speech, aquatic and hand therapy.

Regions by the numbers	2022	10 years ago
Licensed beds	554	454
Available beds	534	434
Admissions	27,895	24,395
Average length of stay (days)	6.1	4.7
Patient days	167,945	118,959
Average daily census	460	326
Percentage occupancy	86.2	75.8
Emergency Center visits	89,865	78,284
Newborn deliveries	2,902	2,481
Clinic procedures	72,980	41,822
The Surgery Center cases	12,178	13,067
HealthPartners Same Day Surgery Center cases	12,425	10,253
Radiological procedures	255,806	245,392
Full-time equivalents (FTEs)	4,452	3,616
Volunteer hours	13,757	58,096
Physicians with privileges	1,086	853
Resident physicians (2020-21 academic year)	152	145
Revenues (thousands)	\$911,322	\$643,010
Expenses (thousands)	\$927,931	\$608,838

*Data is historical and subject to change.

Mission

Our mission is to improve health and well-being in partnership with our members, patients and community.

Vision

Health as it could be, affordability as it must be, through relationships built on trust and service for all.